

# PACKING LIST

## CLOTHING

- · Long pants
- · Long-sleeve shirt
- T-Shirts
- Underwear
- · Socks (bring extra)
- Shorts
- Warm pajamas
- Rain gear/jacket or poncho
- Hoodie or sweatshirt
- Closed-toed shoes
- Bathing suit (Camp Morris)

#### TOILETRIES

- · Bath Towel
- Pool Towel
- Deodorant
- Toothbrush
- Toothpaste
- Soap
- · Shampoo /Conditioner
- Shower shoes (flip flops)
- Sunscreen
- Bug spray
- Feminine Hygiene products

## **EQUIPMENT**

- Sleeping bag or warm blankets
- Bottom or fitted sheet for twin bed
- Pillow and Pillowcase
- Flashlight with batteries
- · Pens and notebook
- Reusable water bottle
- Backpack/small day pack
- Portable Charger with charging cord
- extension cord

## **OPTIONAL**

- Sunglasses
- Hat
- Camera
- Playing cards
- Musical instrument
- Books
- Chapstick
- Ear plugs
- Laundry bag
- Nice clothing for dance (Camp Morris)
- Hawaiian Shirt (Camp Morris)

## CAMP MORRIS BRAVEHEART- 11TH GRADE

#### Bravehearts sleep in tents for the week of Camp Morris

- Sleeping bag is REQUIRED
- Closed toed shoes that rise above the ankle for hiking REQUIRED
- · Camping pad optional

## PLEASE BE SURE TO CLEARLY LABEL ALL BELONGINGS

## DIABETES SUPPLIES

#### **CAMPERS SHOTS**

- Blood glucose meter
- Test Strips
- Insulin (Teen and Family Retreat ONLY)

#### **CAMPERS SHOTS**

 No Specific items needed unless directed by staff

#### **CAMPERS ON CGMS**

- 1-2 sensors
- Patches or tape
- Charger and charging cord
- Receiver (if applicable, unless on T:Slim or Omnipod 5)

#### **CAMPERS ON PUMPS**

- Infusion sets and reservoirs (one per day)
- Pump
- Pump batteries
- Charger (if applicable)
- · Set inserter
- Tap/patches/adhesive (if needed)
- Portable charger